

Blanket Tug (a.k.a. *Towel Tug-of-Speed*)

What It Is:

A **high-energy race** where players compete to unroll (or unfold) a beach towel or blanket as quickly as possible — using only one hand, their feet, or even just a tug line!

How to Play:

What You Need:

- 1 beach towel (or light blanket) *per player or team*
 - A starting line (use a shell, stick, or beach toy to mark)
 - A finish line about 6–10 feet away, or just mark where the towel needs to fully unroll
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Setup Options:

Solo Speed Run:

Each player races against the clock. Fastest time wins!

Head-to-Head Heat:

Two players start side by side and race to fully unroll their towel first. Best of 3 rounds.

Memory Match Twist:

Before the race starts, place a **matching item** at the far end of each towel (e.g. a toy crab, a shell). Players must not only unroll their towel — but *identify their match* at the end!

Rules + Variations:

- Must start with towel *rolled up tightly or folded neatly* at the start line.
 - No touching the towel with your hands (feet or tug rope only!) — or reverse it: *hands only, no feet!*
 - Use different sizes of towels to make it harder.
 - For team play: players alternate unrolling *relay-style* with a baton.
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Why It's Fun:

- Easy to set up anywhere (beach, backyard, even indoors!)
- Hilarious to watch — people slip, flop, and yell “UNCURL!” like maniacs.
- Great way to sneak in a little cardio, beach-style!